



The Fort Garry/Fort Rouge Twins are a founding member of Manitoba Major Junior Hockey League (MMJHL). The MMJHL was developed to provide a place for young men aged 17-21 to play the most competitive hockey possible while continuing their education or commit to full time work.

- The MMJHL is a 10 team league. There are eight city teams plus one in Stonewall and one in Morris.
- 45 game season starting in late September. Playoffs end in late April
- Our home rink is Century Arena. Tryouts begin the first week of September. Typical weekly schedule during the season would have 2 games & 2 practices. A full schedule would be provided at the start of the season to allow players to plan around work/school.
- Financial scholarship opportunities are available from both the league and team for players attending post-secondary schools.
- Expanded roster size of 23 that helps account for players missing games due to school or work commitments. A maximum of 20 players dress per game.
- There is a showcase weekend that the league hosts in January. Each team plays two games over a weekend at the Bell MTS Iceplex and allows a great opportunity for university and college scouts to attend.
- There is a cost for tryouts and player fees for the season. Sponsorship opportunities are available to offset a portion of the costs.

Please direct any questions to:

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MMJHL information

Website: www.mmjhl.ca

Fort Garry/Fort Rouge Twins information

Website: www.fgtwins.ca

Facebook: <https://www.facebook.com/MMJHLTwins>

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